

Physical Literacy in the Deafblind Program at the Perkins School for the Blind

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Type of Contribution:

Age Range Pre-School, Elementary, Middle School, High School

Population Deafblindness, Additional Disabilities/Severe

Physical Activity Deafblindness, Additional Disabilities/Severe

Session Activity Practical Session: Presentation (30 minutes)

This proposed presentation will focus on how students in the Adapted Physical Education Deafblind program at the Perkins School for the Blind work on improving their physical literacy. The APE Deafblind program uses the following slightly adapted definition of physical literacy from Mandigo, Francis, Lodewyk, & Lopez's, 2012 as an overall goal for all students:

The knowledge, motivation and confidence to move with physical competence in a wide variety of physical activities in multiple environments that benefit the development of the whole person across one's lifespan.

The session will include pictures and short video clips of students who are deafblind working on components of physical literacy. Presenters will provide context to pictures in relation to physical literacy and comment on how the student(s) are accessing the activity or lesson. The following physical literacy components will be addressed: knowledge, motivation, confidence, physical competence, wide variety of physical activities, and multiple environments. Additionally, the session will include the presenters providing their 5 most important aspects of teaching physical education to students who are deafblind with additional disabilities based on a combined 35 years of teaching in the deafblind program.