

## **Visually Impaired Rugby**

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Type of Contribution:

Age Range Elementary, Middle School, High School, Adult

Population Visual Impairment

Physical Activity Visual Impairment

Session Activity Practical Session: Presentation (30 minutes)

In 2016, the award-winning 'sport for social change' charity, The Change Foundation, created the new and inclusive sport of visually impaired rugby.

By the end of 2022, The Change Foundation will have set up visually impaired (VI) rugby programmes in partnership with nine of the eleven Premiership clubs in England and also introduced the game in Wales, Ireland, Scotland, Italy, France, New Zealand, Japan and the USA.

VI Rugby is a 7 a side, touch version of the game that is inclusive and accessible for all.