

Camp Abilities-Sports camp for children and youth with visual impairment: A systematic review of studies since implementation in 1996

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Type of Contribution:

Age Range Elementary, Middle School

Population Visual Impairment

Physical Activity Visual Impairment

Session Activity Research Presentation (20 minutes)

Introduction: Camp Abilities (CA) is a sports camp for children and youth with visual impairments (VI) developed at Brockport College (New York) by Dr. Lauren Lieberman. This program is aimed at both the training of youth with VI and coaches. For youth, CA aims to develop motor skills and self-determination through exposure to a variety of adapted physical activities during one week summer camp. For professional, it provides intensive experience in sport teaching and special education. CA is also a university-based model that develops research for youth with VI on various topics but to date, no literature review has been published. **Objectives and method:** This presentation aims to present the results of a systematic review. **Results:** The results present the analysis of 20 articles that examined 12 research themes (e.g., perceptions of motor skills, beliefs, physical fitness, self-determination, and exergaming). The results highlight several barriers to accessing physical activity but also opportunities to develop new interventions for youth with VI.

Discussion: The results confirm that CA program offers several opportunities for development of motor skills and self-determination.